



RESTORING MY SOUL

Episode 3 - January 23rd & 24th, 2021

Pastor Kevin Fischer

The Lord is my Shepherd, I lack nothing. He makes me lie down in green pastures; He leads me beside still waters. **He restores my soul. Psalm 23:1-3 (NIV)**

WHAT DAMAGES MY SOUL?

- **UNADDRESSED GRUDGES**

To worry yourself to death with **resentment** would be a foolish, senseless thing to do. **Job 5:2 (GNT)**

- **UNCONFESSSED GUILT**

The Lord gave us a mind and a conscience; we can't hide from ourselves. **Proverbs 20:27 (GNT)**

- **UNPROCESSED GRIEF**

Lord, have mercy, because I am in misery. My eyes are weak from so much crying, and my whole being is tired from grief.

Psalm 31:9 (NCV)

HOW DOES JESUS RESTORE IT?

1. JESUS TURNS MY HURTS INTO HOLINESS.

We know that **in all things** God works **for the good** of those who love him, who have been called according to his purpose.

Romans 8:28 (NIV)

For from the very beginning God decided that those who came to him should **become like his Son. Romans 8:29 (TLB)**

2. JESUS TAKES MY SINS UPON HIMSELF.

He was wounded and crushed for **OUR SINS**. He was beaten and took **OUR PUNISHMENT** so that **WE** might have peace. And through his wounds, **OUR WOUNDS ARE HEALED!** All of us have strayed away like sheep. We have left God's paths to follow our own. Yet the Lord laid on him the guilt and sins of us all. **Isaiah 53:5-6**

3. JESUS FEELS MY GRIEF AND HEALS MY HEART.

He **heals** the brokenhearted and **binds up** their wounds.

Psalm 147:3 (NIV)

Daily Bible Readings

Mon—Psalm 23:1-6//**Tue**—Romans 8:28-39

Wed—1 John 1:5-2:3//**Thu**—Psalm 31:1-8

Fri—Psalm 100:1-5//**Sat/Sun**—Genesis 37:1-36, 50:15-21

Memory Verse:

He restores my soul. **Psalm 23:3 (NIV)**

Join us online or in-person next weekend for:

23 & ME, EPISODE 4

Please note our new service times on Sunday:

Sat. at 6:15 p.m. & Sun. at **10:30 a.m. & 12:15 p.m.**