



MAKING SENSE OF MY DARKEST VALLEYS

Episode 5 - February 6th & 7th, 2021

Pastor Paul Baldwin

*The Lord is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to his name. **Even when I walk through the darkest valley, I will not be afraid, for you are close beside me!***

Psalm 23:1-4 (NLT)

WHAT DO WE KNOW ABOUT VALLEYS?

1. VALLEYS ARE A PART OF **LIFE**

*Don't be surprised when you are tested by troubles or painful suffering, as if something unusual is happening to you. **1 Peter 4:12 (TEV)***

2. VALLEYS HAPPEN TO **EVERYONE**

*The good man does not escape all troubles — he has them too. **But the Lord helps him** in each and every one. **Psalm 34:19 (TLB)***

3. VALLEYS **ARE UNPREDICTABLE**

*Don't ever brag about tomorrow, since you don't know what the day will bring forth. **Proverbs 27:1 (NLT)***

WHAT KIND OF VALLEYS CAN WE EXPECT?

- **Failure:** *When I slip, get stuck, or fall.*
- **Fear:** *When I move ahead or I give up.*
- **Conflict:** *When I am facing a giant.*
- **Fruitlessness:** *When I've got nothing to offer.*

WHAT DO I NEED TO REMEMBER IN A VALLEY?

1. REMEMBER I'M NOT **ALONE**.

*Even when I walk through the darkest valley, I will not be afraid, I will not be afraid, **for you are close beside me!** **Psalm 23:4 (NLT)***

*And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. **Romans 8:38 (NLT)***

2. REMEMBER GOD HAS A **GOOD PURPOSE** IN MY VALLEY.

*We can rejoice, too, when we run into problems and trials, for we know that they are good for us—they help us learn to be patient. And patience develops strength of character in us and helps us trust God more each time we use it until finally our hope and faith are strong and steady. Then, when that happens, we are able to hold our heads high no matter what happens and know that all is well, for we know how dearly God loves us, and we feel this warm love everywhere within us because God has given us the Holy Spirit to fill our hearts with his love. **Romans 5:3-5 (MSG)***

3. REMEMBER THIS IS ONLY A **CHAPTER** IN YOUR STORY.

*For our present troubles are quite small and they won't last very long. Yet they are producing in us an eternal glory that will last forever and is greater than anything we can imagine! **2 Corinthians 4:17 (NLT/GW)***

~Your Broken Story Can Bring God Glory~

Daily Bible Readings

Mon—Psalm 23:1-4//**Tue**—Proverbs 3:5-6

Wed—2 Corinthians 5:7//**Thu**—Psalm 138:7

Fri—Psalm 23:1-4//**Sat/Sun**—Deuteronomy 31:8

Memory Verse:

Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. **Psalm 23:4 (NLT)**

Join us online or in-person next weekend for:

23 & ME, EPISODE 6

Please note our new service times on Sunday:
Sat. at 6:15 p.m. & Sun. at **10:30 a.m.** & **12:15 p.m.**