

Pastor Kevin Fischer ~ February 5th & 6th, 2022

## WHY I MUST MANAGE MY MIND

- **Because my thoughts control \_\_\_\_\_.**

Be careful how you think; **your life is shaped by your thoughts.** [Proverbs 4:23 \(GNT\)](#)

- **Because the mind is a \_\_\_\_\_.**

I love to do God's will so far as my new nature is concerned; but there's something else deep within me that is **at war with my mind.** [Romans 7:22 \(TLB\)](#)

- **Because it's the key to \_\_\_\_\_.**

If your sinful nature controls your mind, there is death. But if the Holy Spirit **controls your mind**, there is **LIFE and PEACE.** [Romans 8:6 \(NLT\)](#)

## 3 DAILY CHOICES FOR A HEALTHY MIND

### 1. I MUST FEED MY MIND \_\_\_\_\_.

**Anyone who belongs to Christ has become a new person.** The old life is gone; a new life has begun! [2 Corinthians 5:17 \(NLT\)](#)

**GOD IS ABLE to** do immeasurably more than all we ask or imagine, according to his power that is at work within us. [Ephesians 3:20 \(NIV\)](#)

### 2. I MUST FREE MY MIND \_\_\_\_\_.

Though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. [Our weapons] have divine power to demolish **strongholds**. We demolish any argument and every pretension that sets itself up against the knowledge of God, and **we take captive every thought to make it obedient to Christ.** [2 Corinthians 10:3-5 \(NIV\)](#)

### 3. I MUST FOCUS MY MIND \_\_\_\_\_.

We know that God raised the Lord Jesus from the dead. And **he will also raise us up with Jesus.** And he will present both you and us to himself. [2 Corinthians 4:14 \(NIRV\)](#)

**For your own notes:**

**Daily Bible Readings**

**Mon**—[Romans 12:1-5](#)//**Tue**—[2 Corinthians 10:3-5](#)

**Wed**—[Romans 8:5-11](#)//**Thu**—[Philippians 4:4-9](#)

**Fri**—[Matthew 6:25-34](#)//**Sat/Sun**—[Isaiah 26:1-6](#)

**Memory Verse:**

Be careful how you think; your life is shaped by your thoughts. [Proverbs 4:23 \(GNT\)](#)

**Join us online or in-person next weekend for:**

**#GOALS, Episode 6**

**Weekend Service Times:**

Sat. at **6:15 p.m.** & Sun. at **10:30 a.m.** & **12:15 p.m.**