

Psalm 131 | Summer Psalms, Pt. 1

July 5, 2025 / Miami Vineyard Church

Pastor Debbie Fischer ~ July 5th & 6th, 2025

A song for pilgrims ascending to Jerusalem.

A psalm of David.

Lord, my heart is not proud; my eyes are not haughty.

I don't concern myself with matters too great or too awesome for me to grasp. [Psalm 131:1 \(NLT\)](#)

1. ☐ down.

But Naaman became angry and stalked away. "I thought he would certainly come out to meet me!" he said. "I expected him to wave his hand over the leprosy and call on the name of the Lord his God and heal me!"

[2 Kings 5:11 \(NLT\)](#)

Instead, I have calmed and quieted myself... [Psalm 131:2 \(NLT\)](#)

2. ☐ up.

This is what the Sovereign Lord, the Holy One of Israel, says:

"In repentance and rest is your salvation, in quietness and trust is your strength,"... [Isaiah 30:15 \(NIV\)](#)

...like a weaned child who no longer cries for its mother's milk. Yes, like a weaned child is my soul within me.

[Psalm 131:2 \(NLT\)](#)

3. ☐ up.

Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church. He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love. [Ephesians 4:14-16 \(NLT\)](#)

O Israel, put your hope in the LORD— now and always. [Psalm 131:3 \(NLT\)](#)

For your own notes:

Daily Bible Readings

Monday—Mark 16//**Tuesday**—1 Corinthians 1

Wednesday—1 Corinthians 2//**Thursday**—1 Corinthians 3

Friday—1 Corinthians 4//**Saturday**—1 Corinthians 5

Sunday—1 Corinthians 6

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Join us online or in-person next weekend for:

SUMMER PSALMS, Part 2

Weekend Service Times:

Saturday **6:15 p.m.**

Sunday **10:30 a.m. & 12:15 p.m.**