

Self-Control | Different, Pt. 6

October 25, 2025 / Miami Vineyard Church

Pastor Kevin Fischer ~ October 25th & 26th, 2025

But when the **Holy Spirit controls our lives**, He will produce this kind of fruit in us: **love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.** [Galatians 5:22-23 \(NLT\)](#)

Self-control: “**encrateia**”: **the mastery and control over one’s desires, impulses and passions *instead* of them controlling you.**

THE PICTURE

- Self-control against destruction.

A person without self-control is as defenseless as a city with broken-down walls. [Proverbs 25:28 \(NLT\)](#)

- Self-control empowers us to well.

Your faith will produce a life of moral excellence. A life of moral excellence leads to knowing God better. Knowing God leads to self-control. Self-control leads to patient endurance, and patient endurance leads to Godliness. Godliness leads to love for other Christians, and finally **you will grow to have genuine love for everyone.**

[2 Peter 1:5-7 \(NLT\)](#)

THE PROBLEM

- The temptations (the medicators) **are always there.**
- It's deeper than we realize.

THE PLAN

• Go below .

► Jesus set me free

Sin is no longer your master. Instead, **you live under the freedom of God's grace** . Now **you are free from the power of sin** and have become slaves of God. Now you do those things that lead to holiness and result in eternal life. For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.

[Romans 6:14, 22-23](#) (NLT)

• Give Jesus .

But when **the Holy Spirit controls our lives** ... [Galatians 5:22](#) (NLT)

My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. **So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me.** [Galatians 2:20](#) (NLT)

Talk It Over

1. What's one area of your life where you struggle most with self-control? What "medicator" do you find yourself reaching for when you're hurting on the inside?

2. The message said "to get self-control, I must give up control." What's area of control do you need to surrender to God today?

For your own notes:

Daily Bible Readings

Monday—1 Peter 5//Tuesday—2 Peter 1

Wednesday—2 Peter 2//**Thursday**—2 Peter 3

Friday—[Jude 1](#)//**Sat/Sun**—Revelation 1 & 2

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Bring a friend and join us online or in-person next weekend as we begin a new series:

ENOUGH!

Service Times:

Saturday @ **6:15pm**

Sunday @ **10:00am + 11:45am + 1:30pm**