

Too Busy For God | Hearing God, Pt. 4

January 31, 2026 / Miami Vineyard Church

Pastor Paul Baldwin ~ January 31st & February 1st, 2026

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" "Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

[Luke 10:38-42. \(NIV\)](#)

Reminder #1: Distraction is not the same as .

Martha was distracted by all the preparations that had to be made. [Luke 10:40 \(NIV\)](#)

Take away: Activity for God must not replace attentiveness to God.

Reminder #2: and can quiet our awareness of God's voice.

"Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" [Luke 10:40 \(NIV\)](#)

Give (cast) all your worries (anxiety) and cares to God, for he cares about you. [1 Peter 5:7 \(NLT/NIV\)](#)

Take away: "It's hard to hear God's voice when the culture around us is screaming at us." – Henri Nouwen

The invitation: Choose the one thing that matters most: .

"Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one (thing is needed). Mary has chosen what is better, and it will not be taken away from her."

[Luke 10:41-42 \(NIV\)](#)

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

[Matthew 6:33 \(NLT\)](#)

Take away: Hearing God is not accidental, it's intentional.

My prayer today: God pull me away from anything that pulls me away from you. I want to hear you speak.

Talk It Over

1. How can we tell the difference between being productively busy and being distracted from what matters most?
2. What does "sitting at the feet of Jesus" look like in practical terms for your daily life?

For your own notes:

Daily Bible Readings

Monday—1 Timothy 2//**Tuesday**—1 Timothy 3

Wednesday—1 Timothy 4//**Thursday**—1 Timothy 5

Friday—1 Timothy 6//**Saturday/Sunday**—2 Timothy 1 & 2

www.youversion.com

Bring a friend and join us in-person or online next weekend as we begin a new series:

DANIEL

Service Times:

Saturday @ **6:15pm**

Sunday @ **10:00am + 11:45am + 1:30pm**